



# Twin Valley Community Local Schools

## Middle/High School Breakfast Menu

November 2018

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**1**

**MEAL OF THE DAY:  
Cinnamon Sugar  
Churros**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**2**

**MEAL OF THE DAY:  
PB&J Jammers**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**5**

**MEAL OF THE DAY:  
French Toast w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**6**

**MEAL OF THE DAY:  
Cinni Mini**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**7**

**MEAL OF THE DAY:  
Glazed Donuts**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**8**

**MEAL OF THE DAY:  
Pancakes w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**9**

**MEAL OF THE DAY:  
Waffles w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**12**

**MEAL OF THE DAY:  
Apple Frudel**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**13**

**MEAL OF THE DAY:  
Cinni Mini**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**14**

**MEAL OF THE DAY:  
Glazed Donuts Holes**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**15**

**MEAL OF THE DAY:  
Biscuit, Egg and  
Bacon**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**16**

**MEAL OF THE DAY:  
Waffles w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**19**

No School  
Teacher PD

**20**

No School  
Conferences

**21**

Thanksgiving  
Holiday  
No School



**22**

Thanksgiving  
Holiday  
No School



**23**

Thanksgiving  
Holiday  
No School



**26**

**MEAL OF THE DAY:  
Biscuit, Egg and  
Bacon**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**27**

**MEAL OF THE DAY:  
Glazed Donuts Holes**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**28**

**MEAL OF THE DAY:  
French Toast w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**29**

**MEAL OF THE DAY:  
Strawberry Cream  
Cheese Bagel**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

**30**

**MEAL OF THE DAY:  
Waffles w/ Syrup**

1. Assorted Muffins
2. Assorted Poptarts
3. Assorted Cereals
4. Chocolate Oatmeal Breakfast Bars

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**Breakfast full paid- \$2.00**      **Free/ reduced applications- FREE breakfast!**  
 Assorted milk, assorted fruit and 100% juice offered daily  
 Menus are subject to change  
 All Entrees Are Whole Grain  
 All meals meet the National School Breakfast Program

